

USV International Staff Week – Organizational Wellbeing

Ștefan cel Mare University, Suceava, Romania

June 2-6, 2025

Connecting Cultures | Shaping Futures | Cultivating Wellbeing

Between 2-6th of May, Ștefan cel Mare University of Suceava hosts its annual International Week, bringing together academic and administrative staff from partner universities across Europe and beyond, in the spirit of internationalization, intercultural dialogue, and academic collaboration.

This year's edition is enriched by the NEOLAIA Staff Week, dedicated to the theme *Organizational Wellbeing*, highlighting the importance of mental health, team cohesion, and inclusive leadership within higher education institutions.

Participants will engage in:

- Erasmus+ teaching and training activities,
- interactive workshops on wellbeing in academic environments,
- networking and best practice exchange sessions,
- cultural events and guided tours showcasing the heritage of Bukovina.

By combining international cooperation with a strong focus on wellbeing, USV reaffirms its commitment to building a resilient, inclusive, and forward-looking academic community.

Join us in Suceava and be part of an inspiring international experience where wellbeing meets innovation in higher education! We are looking forward to your participation.

👉 The registration link is: <https://forms.gle/vMTVd8sGYVGtbYL27>

Day 1, June 2 – Welcome to USV

9.30-10.00	Registration of participants
10.00-10.30	Welcome at USV & Official Opening of International Week
10.30-11.30	Introduction of participants and partners universities: round of presentation
11.30-12.00	<i>USV: Dream, create, innovate.</i> An international University in the NEOLAiA Consortium
12.00-13.00	Campus Tour: Academic Facilities & Student Life
13.00-14.30	Networking Lunch
14.30 – 17.00	Individual programs in partner faculties and departments. <i>Teaching activities/ Visits to laboratories, research centers, and administrative offices</i>

Day 2, June 3 – Organizational Wellbeing

10:00 – 11.30	Keynote & Workshop: <i>Organizational Wellbeing – From Theory to Practice/Teaching activities</i>
11.30-12.00	Coffee & Networking Break
12.00-13.00	Workshop: <i>A Team to Dream: The Role of Teamwork in Organizations</i>
13.00-14.30	Lunch Coffee at Book Caffè
15.00-18.00	Guided City Tour
18:00–20:00	Cultural evening <i>Traditions and tastes of Bucovina</i>

Day 3, June 4 – Resilient education institutions. Internationalization & good practices

10:00 – 11:30	<i>The resilient educator: tools for balance, growth and flourishing</i>
11:30 – 12:00	Coffee & Networking Break
12:00 – 13:00	Interactive panel: <i>Enhancing wellbeing and motivation in organizations</i>
13.00-14.30	Lunch
14:30 – 16:30	International Fair: <i>Meet USV's Partner Universities</i> Exhibition of mini-booths in Building E – International Hall

Day 4, June 5– Roads to Organizational Wellbeing.

10:00 – 11:30	Workshop: <i>Roads to organizational wellbeing (part I)</i>
11:30 – 12:00	Socializing break
12:00 – 13:00	Workshop: <i>Roads to organizational wellbeing (part II)</i>
13.00 -14.30	Lunch
14:30 – 16:00	Thematic working groups: <i>Managing Stress in the Workplace – Focus on Education, Sustainability & Wellbeing</i>

Day 4, June 6 – Cultural heritage & Future directions

10:00 – 12:00	Bucovina Study Trip (part one)
12:00 – 13:00	Round table: Establishing future directions for collaboration
13.00-14.30	Lunch
14:30 – 16:00	Bucovina Study Trip (second part)
16:00-17.00	Closing Ceremony & Awarding of Certificates

 Please confirm your registration by **May 20th, 2025**.

 All participants are expected to cover travel and accommodation costs through the **Erasmus+ mobility program**.

Info: relint@usm.ro