Dear colleagues and students,

We are pleased to invite you to the international conference on aging on 12-13 September 2019 in Tours: Le vieillissement : tours, contours et perspectives.

This conference takes place within the research dynamics of two psychology laboratories at the University of Tours: axes "Gerontology and daily life" and "Cognitive, emotional and social development and adjustment” of the Psychology of the Ages of Life and Adaptation laboratory (E. A. 2114, PAVeA) and the research team "Aging and memory" of the Research Centre on Cognition and Learning (UMR CNRS 7295 CeRCA).

The goal of this conference is to establish a state of current knowledge, exchange, allow reflection on scientific issues in the field of aging, as well as to encourage the development of collaborations between laboratories (local, national and international).

We look forward to seeing you on September 12 and 13.

Our best regards

The organizing committee

Dear colleagues and students,

We are pleased to invite you to the international conference on aging on 12-13 September 2019 in Tours: Le vieillissement : tours, contours et perspectives.

This conference takes place within the research dynamics of two psychology laboratories at the University of Tours: axes "Gerontology and daily life" and "Cognitive, emotional and social development and adjustment” of the Psychology of the Ages of Life and Adaptation laboratory (E. A. 2114, PAVeA) and the research team "Aging and memory" of the Research Centre on Cognition and Learning (UMR CNRS 7295 CeRCA).

The goal of this conference is to establish a state of current knowledge, exchange, allow reflection on scientific issues in the field of aging, as well as to encourage the development of collaborations between laboratories (local, national and international).

We look forward to seeing you on September 12 and 13.

Our best regards

The organizing committee

PROGRAMME

- **Six plenary lectures** each followed by 2 oral presentations.
  - Invited speakers:
    - Theme 1: Optimization of cognitive functions, strategies and aging - Dr. Andreas Ihle (Univ. Genève, Switzerland) «Cognitive Reserve and Cognitive Aging»
    - Theme 2: Aging and quality of life - Dr. Raimo I., Paivi K. Lappalainen (Jyvaskyla Univ., Finland) «Internet-based Acceptance and Commitment Therapy for enhancing elderly family caregivers well-being»
    - Theme 3: Innovative practices and aging - Pr. Feliciano Villar (Barcelone Univ., Spanish) «Exploring the potential of older people in an aging world: the generative response»
    - Theme 4: Physical activities for an optimal aging - Pr. Louis Bherer (Montreal Univ., Canada) «Physical activities and exercise for healthy cognitive aging»
    - Theme 5: Food and aging - Dr. Virginie Vanwymelbecke (CHU Dijon, France) «Which diet(s) for the older people ?
    - Theme 6: Emotions and aging - Pr. Matthias Kliegel (Univ. Genève, Switzerland) «Emotion-cognition interactions in healthy aging »

- **Two conference keynotes** (Theme 7):
  - Aging: sociologists’ points of view - Dr. Laurent Nowik (CITERES, UMR CNRS 7324, Tours) « People getting older and older and more numerous. Sociological issues and local research »
  - Aging and autism - Dr. Emmanuelle Houy-Durand & Dr. Shasha Kohlmeyer (iBrain, UMR INSERM U 1253, Tours) «Aging with autism spectrum disorder »

- **Two poster sessions**
INSTRUCTIONS TO AUTHORS

Oral presentations and posters
Proposal from authors must be sent by e-mail indicating, whether the presentation is an oral one or a poster and the language used (french or english). Proposal must be submitted using the submission form (12 pt size fonts, Times New Roman, single-spaced), all fields should be filled, the summary must not exceed 300 words and 4 keywords must be added.

Mailings and information:
e-mail: vtcp2019@gmail.com
WebSite: https://vtcp2019.sciencesconf.org

CALENDAR
Abstract submissions: until 28 February, 2019
Notification to authors: 30 April, 2019
Final programme: 29 May, 2019

Registration from May 2019

REGISTRATION FEES
Regular registration: 85 €
Student: 45 €
30% increase from 20 June, 2019

Welcome reception at the « mairie de Tours » and conference dinner on Thursday, 12 September

Payment for registration and conference dinner: see conference website