

# Mathilde DUFLOS

---

*PhD Candidate in Psychology*

## Professional Position

- Sep 2019–Present **Teaching Assistant**, *University of Tours, France.*
- Sep 2018–Present **PhD Student under a scholarship**, *University of Tours, France.*
- Sep 2018–Present **Psychologist and Psychotherapist**, (ADELI: 379310782).

## Education

- Sep 2018–Present **PhD in Psychology**, *PAVeA (EA 2114), University of Tours, France, .*
- Sep 2015–Apr 2016 **Exchange Program**, *University of Western Ontario, London, On, Canada.*
- Sep 2013–Jun 2018 **Bachelor & Master of Psychology**, *Specialization: Developmental Psychology, University of Tours, France.*

## PhD Project

- Title *Grandparenting and emotional closeness: grandparents' and their adolescent grandchildren's perspectives*
- Supervisors Pr. Claude Ferrand (University of Tours, France), Pr. Daniel H. Mansson (Penn State University, PA, USA), Dr. Caroline Giraudeau (University of Tours, France)
- Key words Grandparenting; Emotional closeness; Affectionate communication; Young adult grandchildren
- Description The doctoral project explores the role of grandparent and emotional closeness between grandparents and their adolescent and young adult grandchildren. Grandparenting is investigated through questionnaires and interviews.

## Awards and Accomplishments

- Sep 2018–Sep 2021 **Winner of a regional research scholarship**, *Région Centre Val de Loire, France.*

## Publications

- o **DUFLOS, M.**, Giraudeau, C., & Ferrand, C. (2020) Emotional closeness between grandparents and

young adult grandchildren: A systematic review. *Journal of Family Studies*.doi: 10.1080/13229400.2020.1752771

- **DUFLOS, M.**, Giraudeau, C., Mansson, D. H., Bailly, N. & Ferrand, C. (2020) The Ideal Grandparent Scale: Validation in a French Young Adults Population. *Ageing International*.doi: 10.1007/s12126-020-09386-7
- Giraudeau, C., **Duflos, M.**, & Chasseigne, G. (2021) Adolescents' conception of « good » grandparent: Reversal Theory Approach. *Journal of Intergenerational Relationships* doi: 10.1080/15350770.2020.1804034

## Manuscripts Submitted

- Pennequin, V., Maintenant, C., Giraudeau, C., **Duflos, M.**, & Caignault, M. Which dimension of Emotional Intelligence (EI) are involved in adolescent risk-taking? *Motivation and Emotion* (in press)
- **Duflos, M.**, Giraudeau, C., Bailly, N., & Mansson, D. H. Validity and Reliability of the French Version of the Grandchildren's Received Affection Scale : A Brief Report *Journal of Family Communication* (in press)

## Oral Presentations

- **Duflos, M.**, Giraudeau, C., Ferrand, C., & Mansson, D. H. (2020, May) *Effects of affectionate communication received from grandparents on young adults' depression*. 14th Annual International Conference on Psychology. Athens, Greece.
- **Duflos, M.**, Giraudeau, C., Ferrand, C. (2021, Jul). *Influence of affectionate communication on emotional closeness in grandparenting*. Abstract accepted at the International Congress of Psychology 2021 « Open minds, societies and the World ». Prague, Czech Republic.
- **Duflos, M.** (2020, Oct). *The use of social media in grandparenting: Improving communication and emotional closeness*. Invited seminar, School for Mass Communication and Research, KU Leuven, Belgium.

## Poster Presentations

- **Duflos, M.**, Giraudeau, C., Ferrand, C. (2019, Sep). *Intergenerational Affectionate Communication: Conceptions of young adults toward their grandparents*. Abstract presented at the Vieillissement: Tours, contours, perspectives. Tours, France.

## Academic Visits

Jan–Mar 2019 **Grupo de Investigación en Gerontología**, Department of Psychology, Universitat de Barcelona, Spain.

Aug–Oct 2020 **School for Mass Communication Research**, KU Leuven, Belgium.

## Teaching Experiences

*Teaching Certificate*

2019–2020 **Instructional Skills Workshops**, University of Tours.

*Instructor*

25 rue Séverine – 37000 TOURS - FRANCE

☎ +33 6 84 66 11 84 • ✉ mathilde.duflos@univ-tours.fr

2/4

Fall 2019 **Travaux d'Etude et de Recherche (Introduction to research) – Third year, University of Tours.**

Fall 2019 **Developmental Psychology, announcing disabilities – Third year, University of Tours.**

Spring 2020 **Adolescent and Young Adult Developmental Psychology – Second year, University of Tours, .**

Fall 2020 **Developmental Psychology: Development of emotions – Second year of Master's degree, University of Tours, .**

## Student Mentoring

### *Graduate Students - Advisees*

1. Chloé Salin (Sept 2018-June 2019; Master's ongoing) Grands-parents et petits-enfants adultes émergents : Quelle transition dans leur relation? (Grandparents and their emerging adult grandchildren: Which transition in their relationship?) – Department of Psychology, *University of Tours*
2. Marie Plessiez-Mailly (Sept 2018-June 2019; Master's ongoing) Grand-parentalité et maladie d'Alzheimer en EHPAD : Etude de la qualité de vie et dépression (Grandparenthood and Alzheimer disease in nursing home: Study on the quality of life and depression) – Department of Psychology, *University of Tours*
3. Olivia Silvestrini (Sept 2018-June 2019; Master's ongoing) Etre et rester grand-parent en EHPAD : Etude de la variabilité des besoins des résidents (Being and remaining grandparent in nursing home: Study on the variability of the needs of the residents) – Department of Psychology, *University of Tours*
4. Aurélie Rhétière (Sept 2019 – June 2020) Rôle de la personnalité dans la proximité émotionnelle intergénérationnelle – point de vue des petits-enfants adolescents (The role of personality in intergenerational emotional closeness – conception of adolescent grandchildren) – Department of Psychology, *University of Tours*
5. Johanna Lopes (Sept 2019 – June 2020) Grand-parentalité et personnalité : Etude du lien entre la personnalité et la proximité émotionnelle dans la relation entre les grands-parents et leurs petits-enfants (Grandparenthood and personality : A study of the relation between personality and emotional closeness in the grandparent – grandchild relationship) – Department of Psychology, *University of Tours*
6. Jéni Pereira Mateus (Sept 2019 – June 2020) La communication affectueuse et la proximité émotionnelle : deux concepts clés pour comprendre le lien grand-parent-adolescent. Etude en psycho-gérontologie : perspectives évolutionnistes (Affectionate communication and emotional closeness : two key concepts to understand the grandparent-adolescent bond. A psycho-gerontological study : Evolutionist perspectives) – Department of Psychology, *University of Tours*
7. Mélody Ladrat (Sept 2019 – June 2020) L'effet de l'utilisation de l'auto-hypnose pour la gestion du stress chez les collégiens en situation de pandémie Covid-19 (Effect of the use of self-hypnosis to manage stress among secondary school students during the Covid-19 pandemic)– Department of Psychology, *University of Tours*

## Professional Service

### *Comitee Work*

2019 Organization Committee “*Vieillessement: Tours, contours et perspectives*” International Symposium, *Tours, France*

### *Research Committees*

March 2020–Present Doctoral student representative at the research commission, international relationships commission, and at the documentation committee *University of Tours*

## Reviewing Activities

- Journal of Social and Personal Relationships

## Languages

French **Native**  
English **C1**  
German **A2**